

Lunchtime Provision

Lunchtime offers children the opportunity to eat with their friends whilst offering further learning opportunities. In lunch sessions children will learn the following:

Independence

Children will be encouraged and supported to do the following:

- open their own packaging
- serve their own hot meals
- Pour their own drink or use the water cooler

Health and Hygiene

Children will be encouraged and supported to:

- wash their hands so they are ready to eat
- wash the plates / cutlery

Recycle

The children will learn which bin their waste needs to go in.



HEADTEACHER; MRS GEMMA WILLIAMSON & HAYLEY YENDALL

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Oxhey Nursery School

COMMUNITY · EDUCATION · DEVELOPMENT

Lunchtime



Roots Federation

EDUCATIONAL EXCELLENCE FOR EARLY YEARS

Packed Lunch Information

You will find information on providing nutritional packed lunches on our website.

ALWAYS...

- start with smaller lunches and build up. Only add further items when your child starts eating everything. Sending in a very large packed lunch full of items can be quite overwhelming.
- include a piece of fruit or a vegetable.

AVOID....

- send in anything with nut products in. We have staff and children with severe allergies
- send in fizzy drinks
- send in meat with bones

Hot Lunch Information

We use a company called Apetito for our hot meals. The weekly menu will be uploaded to the website.

All dietary requirements can be met; vegan and vegetarian options are always available. Children with allergies can be well catered for but an allergy matrix must be provided prior to them starting hot meals. Please see the office for costings.



The Routine

Lunchtime starts at 11.30am. This is when children split into two sittings and either;

- Wash their hands
- Sit down at a table with their friends

OR

- Go to the carpet with an adult for songs, stories and active movement

The two sittings then swap.

We promote children's independence in this session, both those eating hot dinners and those with packed lunch.

At 12.30 children return to their key group area ready to start the afternoon session.

